



PRESS RELEASE

PARK
THEATRE

SIT-UP
AWARDS

For immediate release

Park Theatre in association with the SIT-Up Awards

PARK THEATRE TO PRESENT

SIT-UP SUNDAY

Sunday 28 October | Park Theatre

Park Theatre is to host two plays recognised by the SIT-Up Awards: a new award recently launched at the Edinburgh Fringe to reward and support theatre to achieve greater social impact. Standing for Social Impact Theatre, **SIT-Up Sunday** will offer a platform to two plays commended in the debut year: ***And Before I Forget I Love You, I Love You*** (5pm) by Pip Utton, and the 2018 award-winner ***Dangerous Giant Animals*** (7pm) by Christina Murdock on **Sunday 28 October**.

SIT-Up Awards Founder **David Graham** said: *“These two plays have been selected as they powerfully change attitudes and move their audiences. And that is the idea of the awards and **SIT-UP Sunday** at Park Theatre.”*

Park Theatre’s Artistic **Director Jez Bond** said: *“Having been moved to laughter and tears at the Edinburgh Festival, I am utterly delighted to be giving an opportunity for a London audience to see these powerful, punchy and vital plays.”*

Pip Utton, one of the world's foremost solo performers (*Adolf, Churchill, Chaplin, Play-ing Maggie*) delivers his moving and affectionate performance about the devastating effects of Alzheimer's in ***And Before I Forget I Love You, I Love You***. Pip is famed for his skill in breaking the fourth wall and speaking directly to an audience, involving them in the emotions of his performance. Based on his personal experience of seeing his mother deteriorate and die with Alzheimer's and on intensive research, Pip's character takes the audience with him on a journey full of smiles, laughter, respect and tears.

Christina Murdock’s ***Dangerous Giant Animals*** is a darkly comedic show about finding your voice amid your sister's screams. Funny and daring, this new one-woman play explores how surreal, challenging, and remarkable disability in a family can be. Featuring divas and dinosaurs, this is a middle child story about growing up too soon alongside a sister who never will. The play won the 2018 SIT-Up Award at this year's Edinburgh Festival, was shortlisted for the 2018 Clean Break EdFringe Support Award and was selected for New York's United Solo Theatre Festival 2018.



PRESS RELEASE

www.parktheatre.co.uk
Box office: 020 7870 6876*

For more information, images, interviews or press tickets, please contact:

Nick Pearce, Target Live | Nick.Pearce@target-live.co.uk | 0207 052 1304
Julie Holman, Target Live | Julie.Holman@target-live.co.uk | 0207 052 1303

LISTINGS

And Before I Forget I Love You, I Love You

Venue: Park200, Park Theatre, Clifton Terrace, Finsbury Park, N4 3JP

Date: Sunday 28 October, 5pm

Running time: 60 minutes, no interval

Age guidance: 12+

Prices: £20 (£17 concs.) for both performances

Booking: www.parktheatre.co.uk / 020 7870 6876

*10% telephone booking fee, capped at £2.50 per ticket.

Dangerous Giant Animals

Venue: Park200, Park Theatre, Clifton Terrace, Finsbury Park, N4 3JP

Date: Sunday 28 October, 7pm

Running time: 55 minutes, no interval

Age guidance: 12+

Prices: £20 (£17 concs.) for both performances

Booking: www.parktheatre.co.uk / 020 7870 6876

*10% telephone booking fee, capped at £2.50 per ticket.

NOTES TO EDITORS

Park Theatre

Park Theatre is fast becoming recognised as a powerhouse of theatre. In five years, it has enjoyed four West End transfers (including *Daytona* starring Maureen Lipman, *The Boys in the Band* starring Mark Gatiss and *Pressure* starring David Haig), two National Theatre transfers, ten national tours, two Olivier Award nominations, an Offie for Best New Play (*The Revlon Girl*) and a Theatre of the Year award from The Stage.

The SIT-UP Awards is a new award launched at the Edinburgh Fringe to reward and support theatre companies before, during and after their productions to achieve greater social impact. It is an initiative of the UK registered charity Changing Ideas Limited. www.situpawards.com